

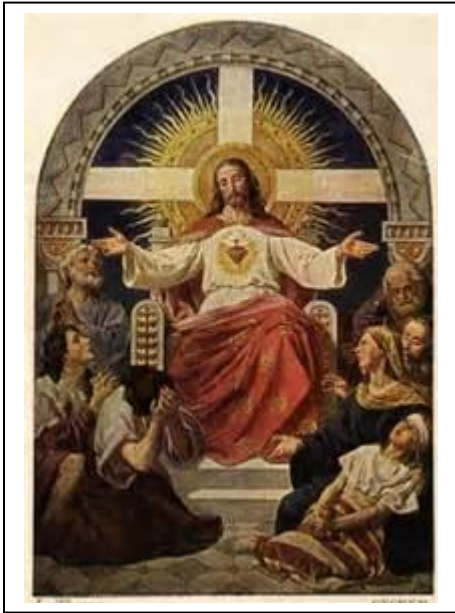
# FIRST FRIDAY OF THE MONTH

## EVENING EUCHARISTIC HOLY HOUR

### SAINT JOSEPH PARISH, MECHANICSBURG, PA

**EXPOSITION HYMN - O Salutaris Hostia/O Saving Victim**

*Please refer to the inside back cover of the missalette*



### *Litany of The Sacred Heart of Jesus*

Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.  
Christ, hear us.

Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.  
Christ, graciously hear us.

God the Father of heaven, **have mercy on us.**  
God the Son, redeemer of the world, **have mercy on us.**  
God the Holy Spirit, **have mercy.....**  
Holy Trinity, one God,  
Heart of Jesus, Son of the eternal Father,  
Heart of Jesus, formed by the Holy Spirit in the womb of  
the virgin mother,

Heart of Jesus, wonderfully united to the eternal word,  
Heart of Jesus, of infinite majesty,  
Heart of Jesus, holy temple of God,  
Heart of Jesus, tabernacle of the most high,  
Heart of Jesus, house of God and gate of heaven,  
Heart of Jesus, burning furnace of charity,  
Heart of Jesus, vessel of justice and love,  
Heart of Jesus, never-ending source of all virtues,  
Heart of Jesus, worthy of all praise,  
Heart of Jesus, king and center of all hearts,  
Heart of Jesus, in which are all the treasures of wisdom and knowledge,  
Heart of Jesus, in which dwells all the fullness of the divinity,  
Heart of Jesus, in which the Father is well pleased,  
Heart of Jesus, of whose fullness we have all received,  
Heart of Jesus, deepest desire of the human heart,  
Heart of Jesus, patient and abounding in mercy,

Heart of Jesus, generous to all who call upon you,  
 Heart of Jesus, fountain of life and holiness,  
 Heart of Jesus, atonement for our sins,  
 Heart of Jesus, which suffered rejection for our sake,  
 Heart of Jesus, bruised for our sins,  
 Heart of Jesus, made obedient unto death,  
 Heart of Jesus, pierced with a lance,  
 Heart of Jesus, source of all consolation,  
 Heart of Jesus, our peace and reconciliation,  
 Heart of Jesus, victim of our sins,  
 Heart of Jesus, salvation of those who hope in you,  
 Heart of Jesus, hope of those who die in you,  
 Heart of Jesus, our light and resurrection,  
 Heart of Jesus, delight of all the saints,  
 Lamb of God, you take away the sins of the world, **spare us, O Lord.**  
 Lamb of God, you take away the sins of the world, **graciously hear us, O Lord.**  
 Lamb of God, you take away the sins of the world, **have mercy on us.**  
 Jesus, meek and humble of heart, **make our hearts like unto thine.**

Let us pray:

**ALL: Almighty and eternal God, look upon the heart of your well-loved Son and the praises and sacrifice he offers you in the name of sinners; being pleased with his holy obedience, pardon those who implore your mercy and give us a share in his resurrection, in the name of the same Jesus Christ your Son who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever. Amen!**

<p style="text-align: center;"> <b>PRAYERFUL MOMENTS OF SILENCE BEFORE THE BLESSED SACRAMENT</b> </p>
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# DIVINE MERCY CHAPLET

- **Our Father**
- **Hail Mary**
- **Apostles Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. **I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

Eternal Father, I offer You the Body and Blood, Soul and Divinity  
of Your dearly beloved Son, Our Lord Jesus Christ,  
*in atonement for our sins and those of the whole world.*

- *On the ten beads of each decade:*

For the sake of His sorrowful Passion, *have mercy on us and on the whole world.*

- *Conclude by repeating three times:*

*Holy God, Holy Mighty One, Holy Immortal One,  
have mercy on us and on the whole world.*

## **Closing Prayer (ALL:)**

**Eternal God, in whom mercy is endless and the treasury of compassion, inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.**

**O Blood and Water which gushed forth from the Heart of Jesus as a Font of Mercy for us, I trust in You! (3x)**

**Saint Faustina, pray for us!**

**Pope Saint John Paul II, pray for us!**

# FRIDAY NIGHT PRAYER

**Leader:** God, come to my assistance.

**All:** Lord, make haste to help me. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and will be forever. Amen.

*The celebrant invites all to pause and recognize their sins.*

I confess.....

**Leader:** May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **AMEN.**

## HYMN

### PSALMODY

**Leader:** Day and night I cry to you, my God.

**ALL:**

#### PSALM 88

Lord my God, I call for help by day;  
I cry at night before you.  
Let my prayer come into your presence.  
O turn your ear to my cry.

For my soul is filled with evils;  
My life is on the brink of the grave.  
I am reckoned as one in the tomb;  
I have reached the end of my strength,

Like one alone among the dead;  
Like the slain lying in their graves;  
Like those you remember no more,  
Cut off, as they are, from your hand.

You have laid me in the depths of the tomb,  
In places that are dark, in the depths.  
Your anger weighs down upon me:  
I am drowned beneath your waves.

You have taken away my friends  
 And made me hateful in their sight.  
 Imprisoned, I cannot escape;  
 My eyes are sunken with grief.

I call to you, Lord, all the day long;  
 To you I stretch out my hands.  
 Will you work your wonders for the dead?  
 Will the shades stand and praise you?

Will your love be told in the grave  
 Or your faithfulness among the dead?  
 Will your wonders be known in the dark  
 Or your justice in the land of oblivion?

As for me, Lord, I call to you for help:  
 In the morning my prayer comes before you.  
 Lord, why do you reject me? Why do you hide your face?

Wretched, close to death from my youth,  
 I have borne your trials; I am numb.  
 Your fury has swept down upon me;  
 Your terrors have utterly destroyed me.

They surround me all the day like a flood,  
 They assail me all together.  
 Friend and neighbor you have taken away:  
 My one companion is darkness.

Glory to the Father, and to the Son, and to the Holy Spirit.  
 As it was in the beginning, is now and will be forever. Amen.  
 Day and night I cry to you, my God.

## READING

## JEREMIAH 14:9A

You are in our midst, O Lord, your name we bear:  
 do not forsake us, O Lord, our God!

## RESPONSORY

**Reader:** Into your hands, Lord, I commend my spirit.

**All:** Into your hands, Lord, I commend my spirit.

**Reader:** You have redeemed us, Lord God of truth.

**All:** I commend my spirit.

**Reader:** Glory to the Father, and to the Son, and to the Holy Spirit.

**All:** Into your hands, Lord, I commend my spirit.

## STAND

**Leader:** Protect us, Lord, as we stay awake; watch over us as we sleep, that awake,  
we may keep watch with Christ, and asleep, rest in his peace.

## GOSPEL CANTICLE

**LUKE 2:29-32**

Lord, now you let your servant go in peace;  
your word has been fulfilled:  
My own eyes have seen the salvation,  
which you have prepared in the sight of every people:  
A light to reveal you to the nations,  
and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now and will be forever. Amen.  
Protect us, Lord, as we stay awake; watch over us as we sleep,  
that awake, we may keep watch with Christ,  
and asleep, rest in his peace.

## PRAYER

**Leader:** All-powerful God, keep us united with your Son in His death and burial  
so that we may rise to new life with Him, who lives and reigns forever and ever.  
AMEN.

+ May the all powerful Lord grant us a restful night and a peaceful death. AMEN.

## BENEDICTION - TANTUM ERGO

Tantum ergo Sacramentum  
Veneremur cernui,  
Et antiquum documentum  
Novo cedat ritui;  
Praestet fides supplementum,  
Sensuum defectui.

Genitori Genitoque  
Laus et jubilatio,  
Salus, honor, virtus, quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio. AMEN.

*Down in adoration falling  
This great sacrament we hail.  
Over ancient forms departing  
Newer rites of grace prevail.  
Faith for all defects supplying  
Where the feeble senses fail.*

*To the everlasting Father  
And the Son who reigns on high  
With the Spirit blessed,  
proceeding  
Forth from each eternally.  
Be salvation, honor, blessing  
Might and endless Majesty.*

**PRESIDER:** You have given them Bread from Heaven.

**ALL:** Having within it all sweetness.

**PRESIDER:** Let us pray: Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us, and the peace of the kingdom, where you live with the Father and the Holy Spirit, God, for ever and ever. **All:** Amen.

## BENEDICTION and REPOSITION OF THE BLESSED SACRAMENT

### DIVINE PRAISES

**All:** Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored and loved, with grateful affection, at every moment, in all the tabernacles of the world, even until the end of time. AMEN.

## **ANTIPHON TO THE BLESSED VIRGIN MARY**

Salve, Regina, mater misericordiae;  
Vita, dulcedo et spes nostra, salve,  
Ad te clamamus, exsules filii Evae.  
Ad te suspiramus, gementes et flentes  
In hac lacrimarum valle.  
Eia ergo, advocate nostra,  
Illos tuos misericordes oculos  
Ad nos converte.  
Et Iesum, benedictum fructum ventris tui,  
Nobis post hoc exsilium ostende.  
O clemens, o pia, o dulcis Virgo Maria.